
Memorial Fund

In Memory of John Johns

Roger Eaker
Allen & Barb Dobberstein
Dave & Barb Nielsen
Darwin & Becky Johnson
George & Sandy Winzenburg
Bill & Joanne Newman
Harold & Ardes Montanye
Elwood & Judy Hansen
John & Mary Worke
Larry & Pat Motl
Doug & Mary Goff
Harold & Bernise Bartsch
Jerry & Barb Kaplan
Dave & Pam Neuberger
Norma Long
Bob & Deb Farr
Rick & Lisa Hocking
Rick Long
Pam Doerhoefer

In Memory of Lee Krystosek

Evelyn Kubista

In Memory of Gene Kaplan

Deann Kaplan
Richard & Karlene Hansen
Darrell & Ramona Jacobso
Richard & Evelyn Kubista
Kay Noble
William & Margaret Noble

In Memory of Jerry Oxley

Marilynn Fiebiger

In Memory of Maynard Haberman

Evelyn Kubista

In Memory of Shirley Deming

Steven & Randi Dallmann
Elrose Prokopec


Prairie Star


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www.prairiemanorinc.com

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507-583-7399
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"Quality Care with a Small Town Touch"
September/October/November 2018



Prairie Manor Activity Calendar October 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 9:15 Ladies Group 10:30 Exercise 1:00 Cards 3:30 Reading Group & Word Games 6:00 Pig-A-Jig	2 9:30 Baking Group 10:30 Exercise 11:45 Freshen Up 1:00 Bowling 3:30 Riddles 6:00 Penny Toss	3 9:15 Musical Bingo 10:30 Exercise 1:15 Trinity Lutheran 3:00 Mass 3:30 BP News 6:00 Wheel of Fortune	4 9:15 Dice Game 10:15 Trivia & Exercise 12:00 Reading Group-Barb 1:00 Rosary 2:00 Marlene Braun 3:00 FCCLA Visit	5 9:15 Mystery Cards 10:15 Floor Basketball & Exercise 11:45 Sensory Group & 1:1s 1:15 Bingo 6:00 Casino Game	6 9:15 Dice 10:30 Exercise 11:45 Nails 1:15 Card Bingo 2:00 Coffee Social
7 1:15 UNO 2:00 Coffee Social 3:25 Vikings Game on FOX 6:30 Prairie Mennonite	8 Columbus Day 9:15 Ladies Group 10:30 Exercise 1:00 Cards 3:30 Reading Group & Word Games 6:00 Button Button Game	9 9:30 Baking Group 10:30 Exercise 11:45 Freshen Up 1:00 Bowling 3:30 Sing Along 6:00 Horse Races	10 9:15 Musical Bingo 10:30 Exercise 1:15 Red Oak Grove 3:00 Mass 3:30 BP News 6:00 Jeopardy	11 9:15 Dice Game 10:15 Trivia & Exercise 12:00 Reading Group-Barb 1:00 Rosary 2:00 Laverne Wanous 3:30 Man Cave Moments 6:00 Lucky Dog	12 9:15 Mystery Cards 10:15 Beanbag Toss & Exercise 11:45 Sensory Group & 1:1s 1:15 Bingo 6:00 Casino Game	13 9:15 Dice 10:30 Exercise 11:45 Creative Arts 1:15 Card Bingo 2:00 Coffee Social
14 12:00 Vikings Game on FOX 1:15 First Lutheran 2:00 Coffee Social 6:00 Game Night	15 9:15 Ladies Group 10:30 Exercise 1:00 Cards 3:30 Reading Group & Word Games 6:00 Pig-A-Jig	16 9:30 Baking Group 10:30 Exercise 11:45 Freshen Up 1:00 Bowling 3:30 Shut the Box Game 6:00 Right, Left, Center	17 9:15 Musical Bingo 10:30 Exercise 1:15 First Baptist 3:00 Mass 3:30 Movie Matinee 6:00 Wheel of Fortune	18 9:15 Dice Game 10:15 Trivia & Exercise 12:00 Reading Group-Barb 1:00 Rosary 2:00 Debbie Nordland 3:30 Man Cave Moments 6:00 Lucky Dog	19 9:15 Mystery Cards 10:15 Balloon Volleyball & Exercise 11:45 Sensory Group & 1:1s 1:15 Bingo 6:00 Casino Game	20 9:15 Dice 10:30 Exercise 11:45 Nails 1:15 Card Bingo 2:00 Coffee Social
21 12:00 Vikings Game on FOX 1:15 First Baptist 2:00 Coffee Social 6:00 Game Night	22 9:15 Ladies Group 10:30 Exercise 1:00 Cards 3:30 Reading Group & Word Games 6:00 Rock, Paper, Scissors Game	23 9:30 Baking Group 10:30 Exercise 11:45 Freshen Up 1:00 Bowling 3:30 Sing Along 6:00 Horse Races	24 9:15 Musical Bingo 10:30 Exercise 1:15 First Lutheran with Comm. 3:00 Mass 3:30 BP News 6:00 Jeopardy	25 9:15 Dice Game 10:15 Trivia & Exercise 12:00 Reading Group-Barb 1:00 Rosary 2:00 Pickin' & Tickin' 3:30 Man Cave Moments 6:00 Lucky Dog	26 9:15 Mystery Cards 10:15 Parachute & Exercise 11:45 Sensory Group & 1:1s 1:15 Bingo 6:00 Casino Game	27 9:15 Dice 10:30 Exercise 11:45 Creative Arts 1:15 Card Bingo 2:00 Coffee Social
28 1:15 Red Oak Grove 2:00 Coffee Social 6:00 Game Night 7:20 Vikings Game on NBC	29 9:15 Ladies Group 10:30 Exercise 1:00 Cards 3:30 Reading Group & Word Games 6:00 Pig-A-Jig	30 9:30 Baking Group 10:30 Exercise 11:45 Freshen Up 1:00 Bowling 3:30 Connect Four 6:00 Roll a Pumpkin	31 Halloween! 9:15 Musical Bingo 10:30 Resident Council 1:15 Devotions 3:00 Mass 3:30 Poke a Pumpkin 6:00 Children Trick or Treat!		Calendar is subject to change. Changes will be announced. Please see Activities with suggestions!	
Thank You St. Columbanus for preparing and serving snack on Sundays in October.		 Juanita Young on 10/18 Bob Swearingen on 10/23		Aviary Watch on Mondays & Thursdays! 1:1 Visits On-Going		Coffee Social Daily 2:00 P.M. Evening Social Daily 7:00 P.M.

From the Desk of Social Services

I have a couple of things which I would like to give you information about this month. First of all, Resident and Family Satisfaction Surveys will be conducted again sometime between now and December 14. One family member should receive a survey in the mail from Vital Research on behalf of the MN Department of Human Services. Vital Research is collecting the satisfaction surveys and is not connected with any Minnesota nursing facility or with the Department of Human Services, other than their work on this project. Your opinion is very important and we encourage your participation.

Specially trained interviewers from Vital Research will be interviewing a sample of our nursing facility residents. The interviewers will ask the residents if they would like to be interviewed. They have been trained to discontinue the interview when a resident is unable or chooses not to continue. The interviews will take an average of 15 minutes to complete and will be confidential. The resident and family survey results will be posted as a facility summary on the Internet as part of a consumer guide in the Nursing Home Report Card <http://nhreportcard.dhs.mn.gov>. We will also receive both the resident and the family summary results to help monitor our quality and identify areas where we can work to improve our resident's quality of life. If you have any questions, feel free to talk with Administration or Social Services.

The other thing I would like to give you information about is "Family Council." Much of the following was taken from a publication by the Office of Ombudsman for Long term care and the MN Board on Aging.

A Family Council is a group which operates by and for families of persons who live in nursing homes. Family Council participants advocate for the well being of their relatives by partnering with them in promoting and enhancing quality of daily life.

Residents who consider close friends or associates "family" may also participate in the family council. You can participate if you have a close relationship with a resident at Prairie Manor. There are many benefits to participating in Family Council. Family Councils can have educational programs about a variety of topics. Residents can benefit from an increased involvement from family members. Families can get to know staff better. Families can receive support and encouragement from each other. There are a variety of things that Family Council can do. We will help you with ideas if you're interested.

If you have any questions and/or are interested, please talk with either of us in Social Services.

Dawn Sheward, LSW
Social Services

Prairie Manor

September Birthdays!

Carl Pink 9/25

October Birthdays!

Juanita Young 10/18

Bob Swearingen 10/23

November Birthdays!

Evelyn Trom 11/10

Heather Haus

September Birthdays!

October Birthdays!

Dona Jacobson 10/13

Ione Betlach 10/22

Terrilyn Hinck 10/31

November Birthdays!

Merle McNutt 11/14

Sympathy to the Family of

Susan Johnson 7/4

Penny Christianson 7/9

Wayne Gullickson 7/19

Regina Wacek 7/27

Frank Williamson 9/7

Welcome New Guests

Maria Tortorelis 7/23

Donald Yentsch 8/8

Helen Krystosek 8/15

Mary Declerk 8/17

Eugene Wollschlager 9/11

Robert Johnson 9/21

Discharges

Lynn Howard 7/17

Ferris Decker 7/25

Anita Linder 8/6

Arlen Ashley 8/20

Delores Mortensen 8/22

Lola Rions-Prueett 9/3

Marcia Chicos 9/4

Lizzie Meixner 9/8

Louie Finley 9/17

Billie Moser 9/22

Activity Bites

Prairie Star

There was a wonderful turnout for the Resident Appreciation Picnic held on Saturday, September 8th in the Prairie Manor pavilion. Entertainment for the afternoon included music, yard games, and a petting zoo! This event provided an opportunity for residents, staff, families, and friends to gather for food and activities. Food was provided by the Dietary Department as well as family members who brought different dishes. The afternoon was full of fun, games, and laughter. It was a wonderful chance to get outside and celebrate the end of spring!



Active Shooter Drill

During the month of October, there will be an unannounced Active Shooter Drill at Prairie Manor in conjunction with the Blooming Prairie Police, Fire, and Ambulance services. All staff will be taking part unless excused by the Administrator or DON. Visitors present during the drill are also asked to take part. Residents may be moved with staff to simulate the “flight” or “hide” response to an active shooter. There will be an “assailant” with a can of silly string who will walk around the facility to simulate the movements of an active shooter; the “assailant” will only spray members of staff. During the simulation, residents will be reassured that it is only a drill, and all precautions will be taken not to upset residents. If you have any questions regarding this drill, please contact Joseph Mason at (507) 583 -5180.

Fall 2018 News from Heather Haus

Prairie Star

This fall is a time of transitions. Our census is down due to several changes with residents. We said farewell to one dear man in early September as he went to his forever home in Heaven. A few others need more care and are transitioning to Prairie Manor. By the end of November, there will be another nurse/apartment manager here, too, and I will begin another season in my life after 46 plus years as a nurse. Many sewing projects await me along with many books to read plus more time with grandchildren and a few trips.

We are looking forward to planning a leaf viewing and lunch trip once the trees are more in full color. We have a Lutefisk time in the area which a few of our residents do enjoy. Halloween comes and we invite grandchildren and greatgrand children of residents and staff to bring in their young children for treats and to show off their costumes. November will see a group going out to the Hubbell House for lunch. We also have a big birthday to help someone who is turning 100 celebrate on November 14th.

During my few years at Heather Haus, we have had to roll with the changes made in Assisted Living with always more rules and regulations. We care for some residents in our setting longer if they are physically stable and continue to need no more than one assist for transfers or mobility. Unfortunately, the building, built for independent living, was not set up to serve some people as bathrooms and some doorways are not large enough to move about comfortably. The trend in Assisted Living now is no full kitchens since all meals are included and more efficiency units. Our staff is very dedicated to the individual needs of the residents as we are a small facility.

In many ways, it is bittersweet to be leaving Heather Haus as many residents have become so dear to me. I grew up in a small farming community, and now I am finishing my career in a small farming community which almost seems fitting. Be kind and caring to one another for one never knows the path you may one day need to walk.

Deb Kjarland, Heather Haus Manager
